

Exploiting and Securing WiFi for Pervasive Human Sensing

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Pervasive WiFi Devices

➤ Commercial WiFi Devices:



Phone & Smart Watch



Smart Speaker



Smart TV

➤ WiFi-enabled Applications:



Smart Home

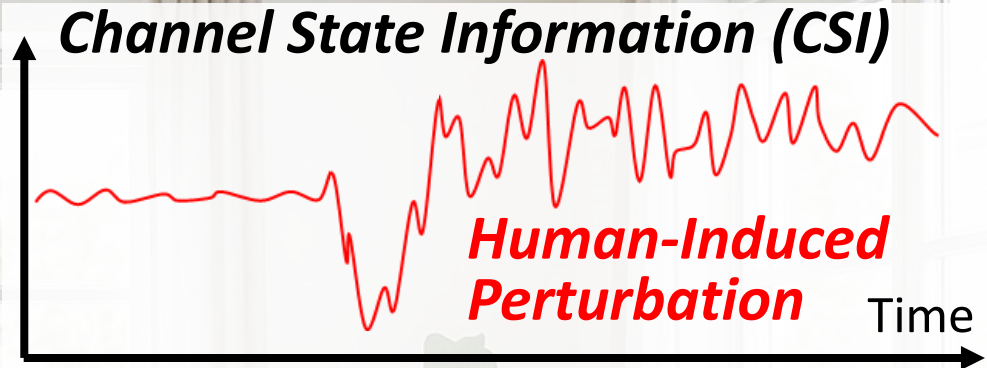


Smart Factory



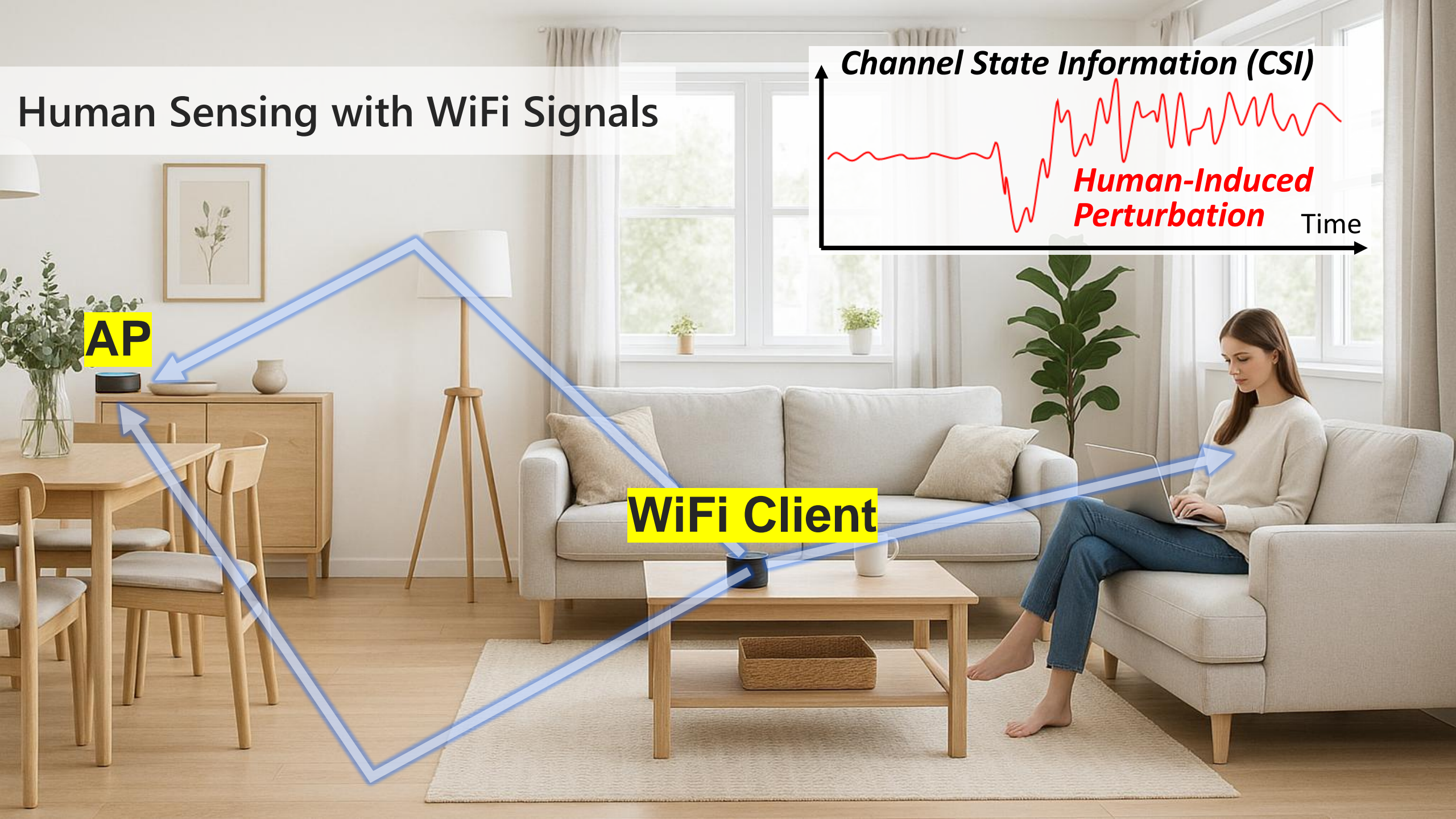
Smart Office

Human Sensing with WiFi Signals

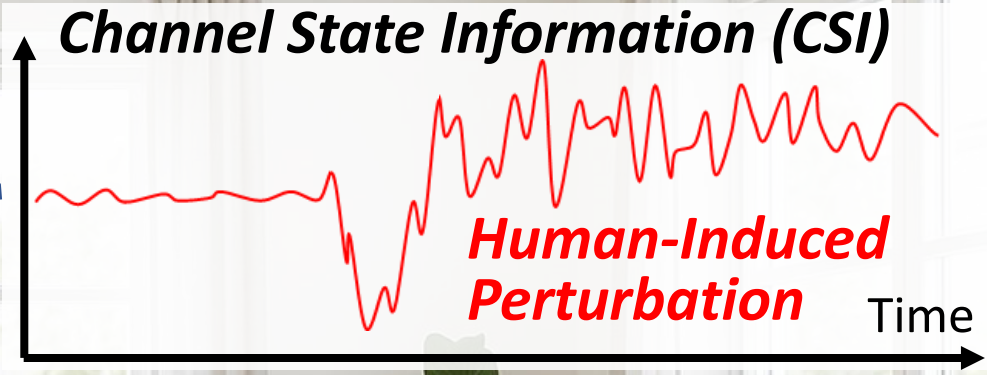


AP

WiFi Client



Human Sensing with WiFi Signals



Sensing Applications

Vital Sign Monitoring

An illustration of a human torso showing internal organs like the heart and lungs. Blue dots and lines radiate from the head area, representing signal sensing.

Activity Recognition

An illustration of a person sitting on a red chair reading a book, and another person in a green shirt performing a stretching exercise.

Tracking

An illustration of a woman sitting on a sofa using a laptop. A child is walking in the background, with a dashed line and footprints indicating their movement path.

However, WiFi Signal **leaks beyond intended boundary...**

Human Sensing with WiFi Signals

Human *Motion/Breathing* Detected



Adversary

Leaked Signals

WiFi Client

However, WiFi Signal *leaks beyond intended boundary...*



The Sensing Capability of WiFi is _____

I. A novel enabler for pervasive human sensing



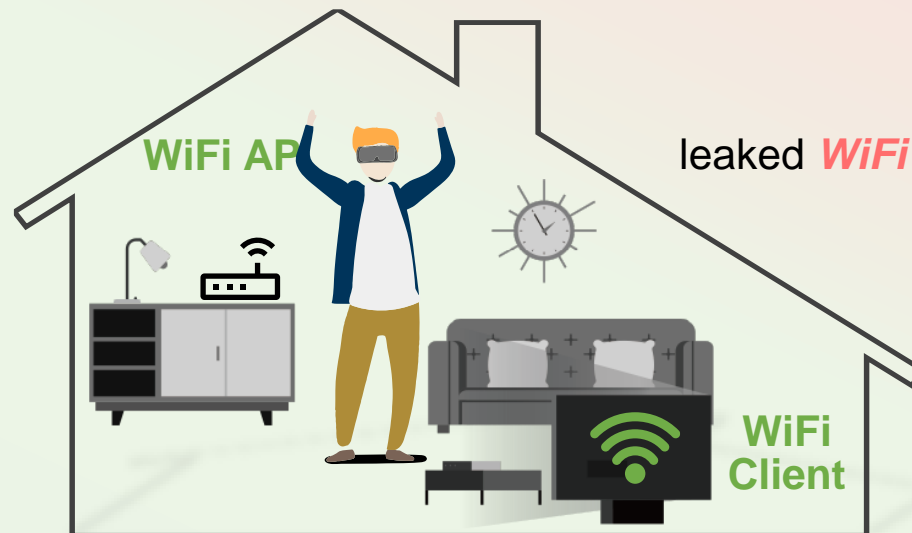
- *OneFi, a few-shot solution for generalizability [SenSys'21]*
- *Platform: Traditional Analog CSI*

II. A new vector for privacy leakage



- *LeakyBeam, an adversarial attack [NDSS'25]*
- *Platform: New Digital BFI Packets*

New Possibility?



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Adversarial Human Sensing: Motivation Scenario



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Adversarial Human Sensing: Motivation Scenario



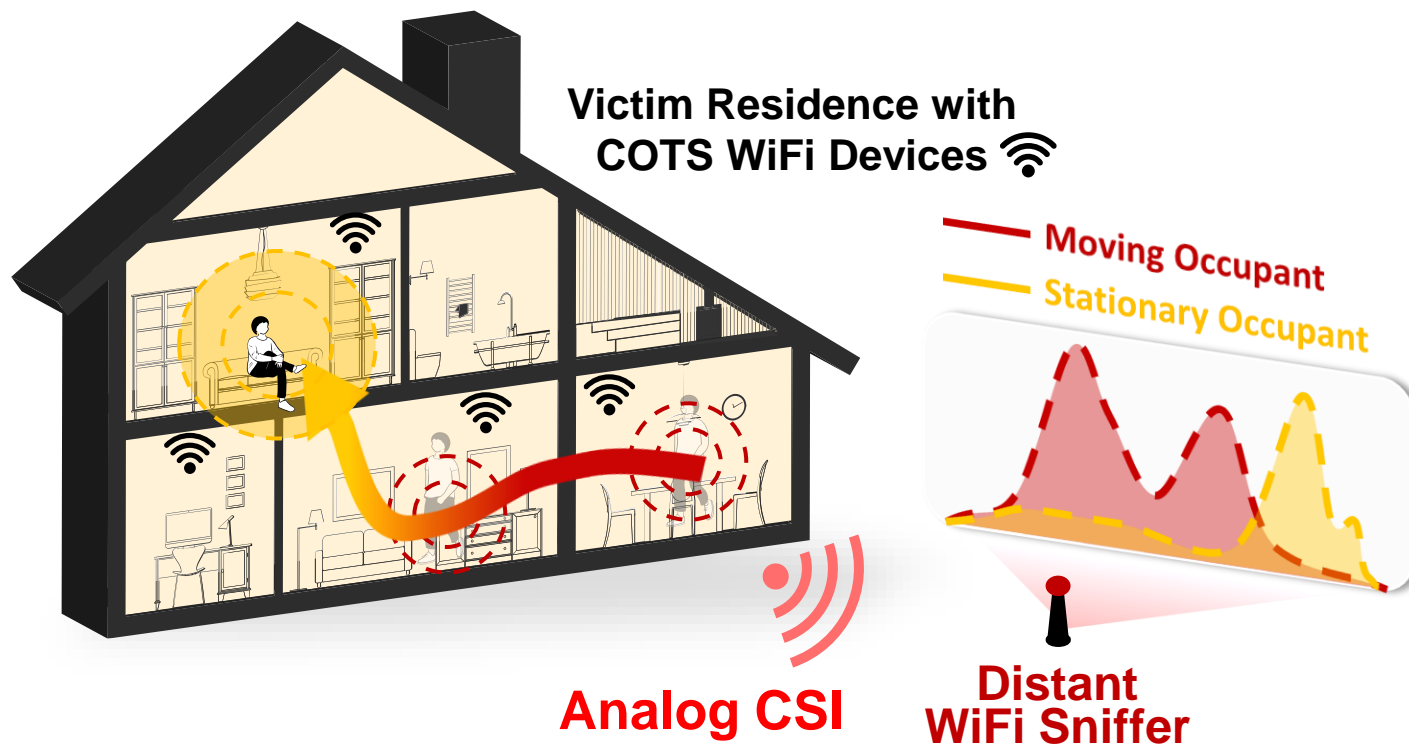
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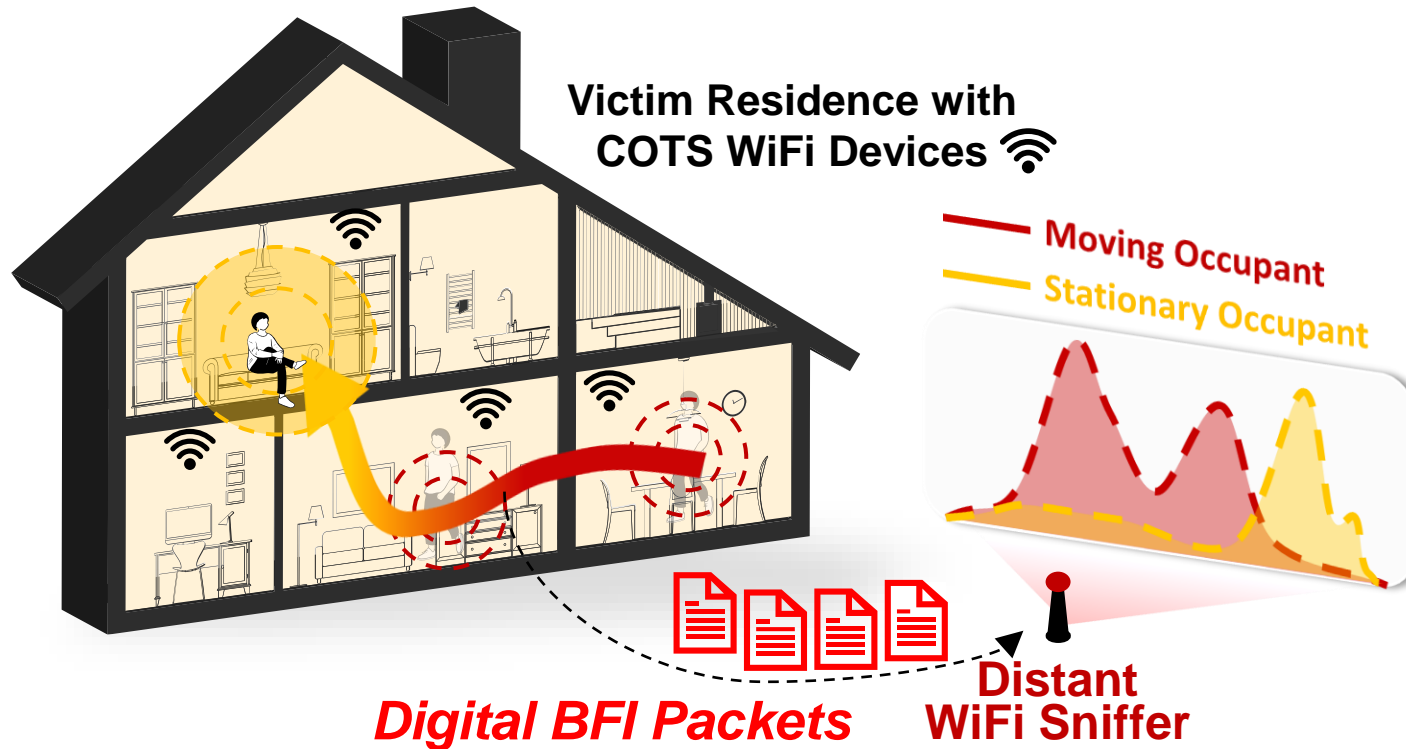
Continuous, Passive Monitoring!



➤ Problem: Signal Attenuation → **Limited Attack Distance** using **analog CSI**

Side-Channel: CSI from *Beamforming Feedback Information (BFI) Packets*

Adversarial Human Sensing: Motivation Scenario



Continuous, Passive Surveillance!



➤ Problem: Signal Attenuation → **Limited Attack Distance** using **analog CSI**

Side-Channel: CSI from *Beamforming Feedback Information (BFI) Packets*

- CSI in digital BFI packets will not be distorted by signal attenuation.
- BFI Packets exist in **86%** of **WiFi 5/6 devices** and are **plaintext**.

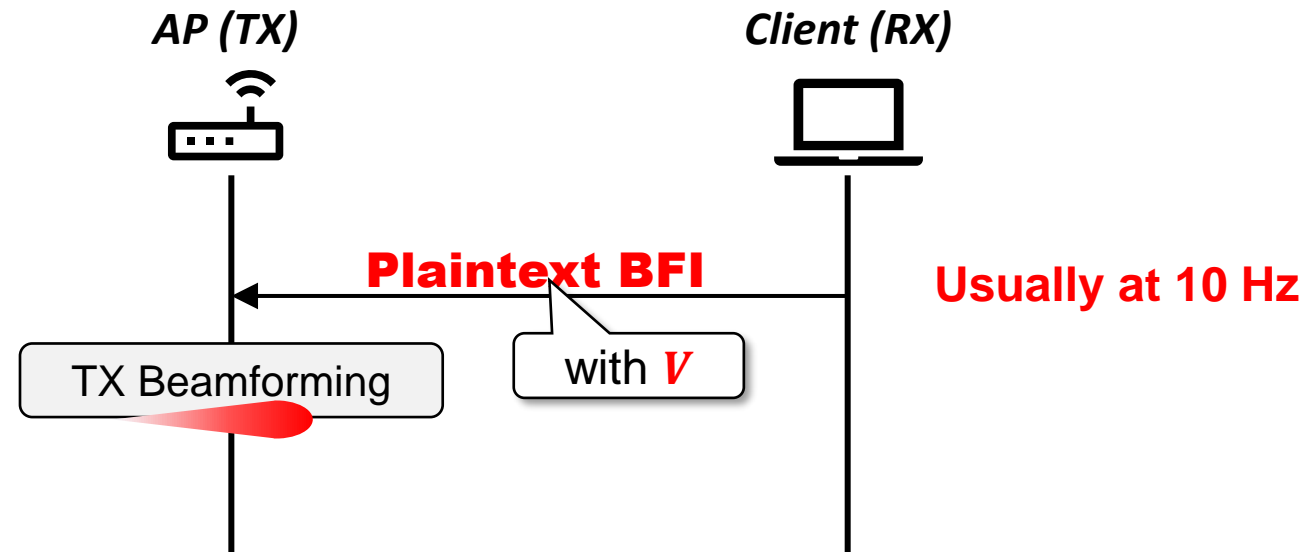
BFI: Control Frame with Compressed CSI

- BFI is for beamforming -- **Directional Signal Transmission** for SNR improvement
- AP needs a **steering matrix V (spatial information)** for beam direction control



BFI: Control Frame with Compressed CSI

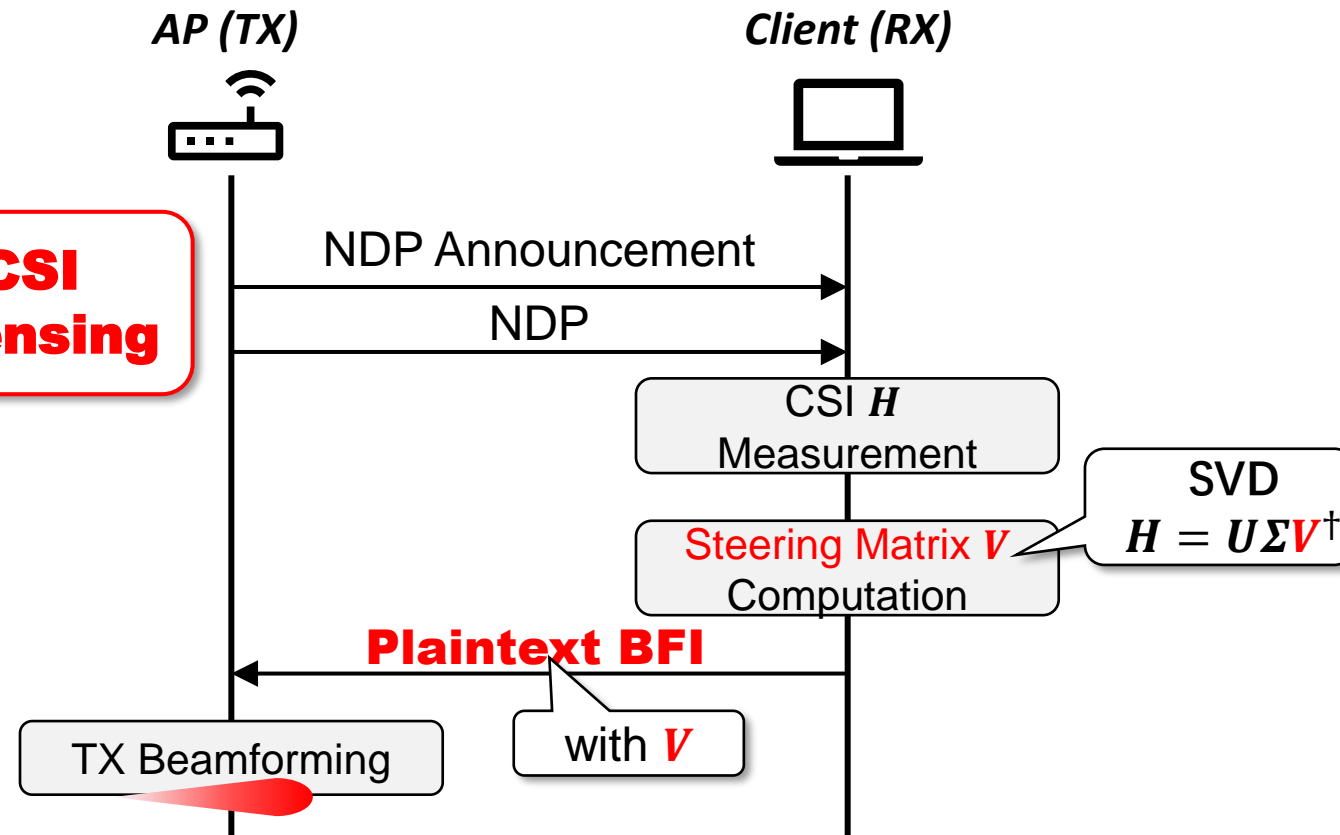
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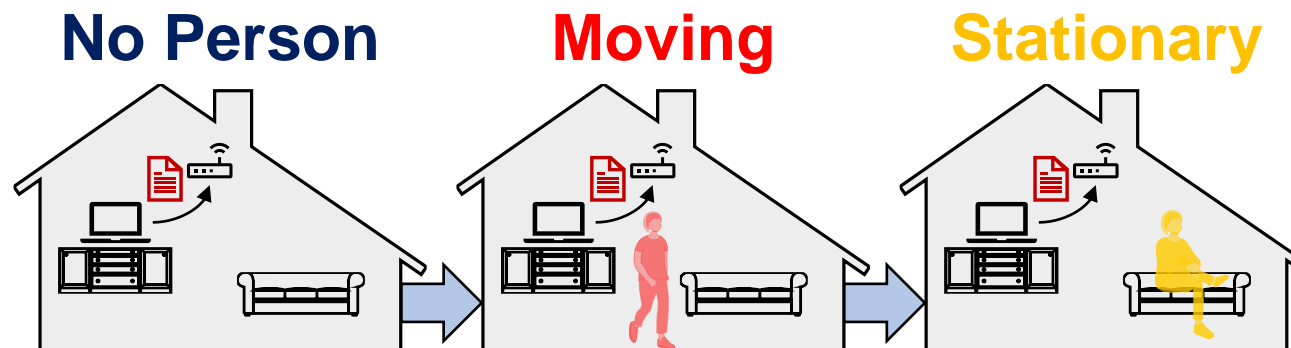
BFI: Control Frame with Compressed CSI

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**BFI is compressed CSI
and can be used for sensing**

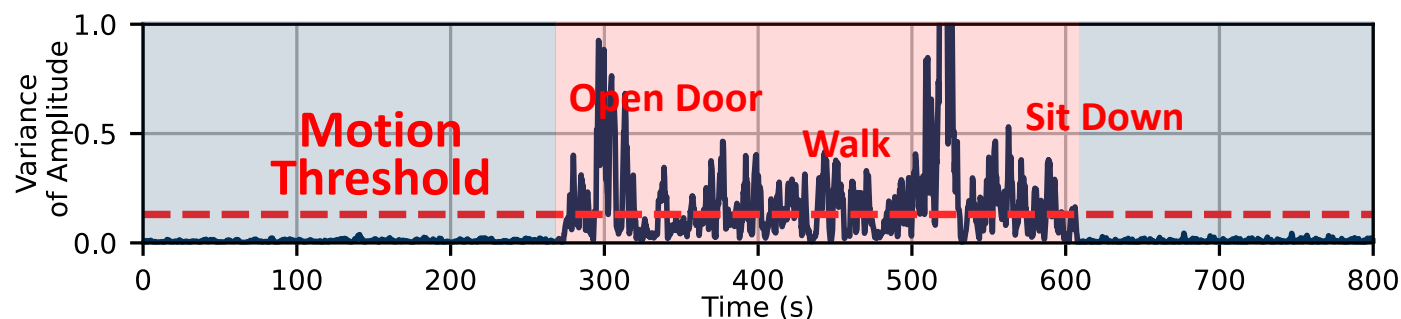


(Adversarial) Human Sensing with BFI



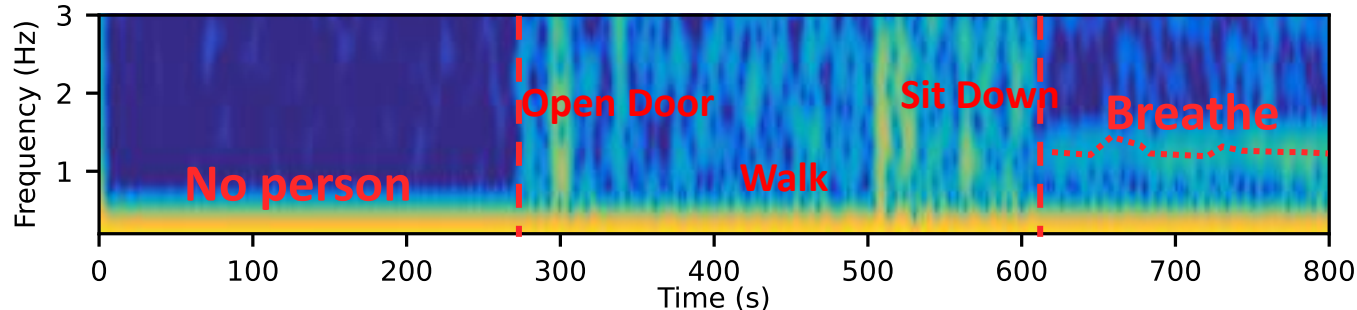
➤ Scenario 1: Motion Detection

- Using **BFI amplitude**






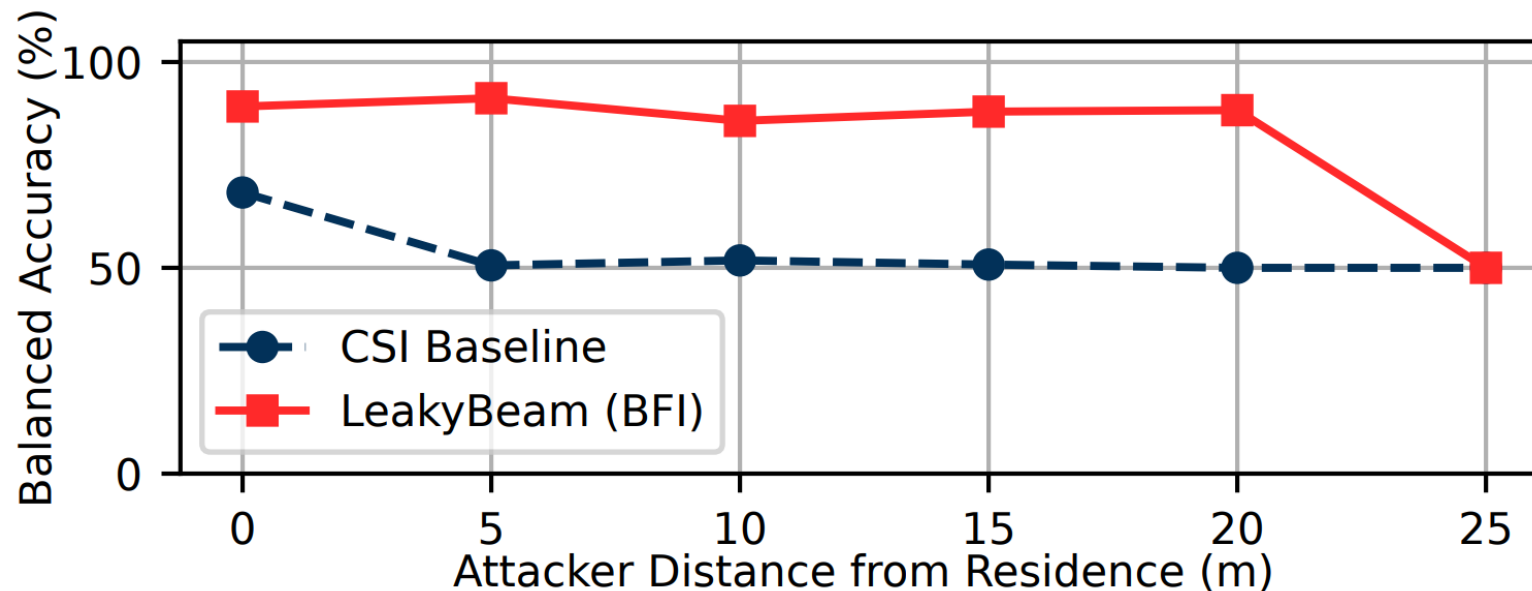
➤ Scenario 2: Breathe Detection

- Using **BFI phase**



Implementation and Evaluation

- Sniffer: Dell Laptop (no external antenna)  + Wireshark 
- Detecting Breathing and Motion states with **90%** accuracy 
- Compared with CSI Baseline, BFI is effective at a distance of **20 m**



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New Possibility?
Future Works...

Future Works

➤ Pervasive WiFi Sensing Platform with BFI

- Privacy Enhancement for BFI
- Novel BFI Sensing Methodology
- Dual-purpose BFI design for **Integrated sensing and communication**
- Open Challenge: Environmental Ambiguity



Providing novel wireless sensing solution that is pervasive, robust and secure?

Thank you!



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Rui Xiao

Wireless, Mobile, Sensing, Security

Start in **Fall 2025**, I'll join **Shanghai University of Finance and Economics** as an **Assistant Professor**.